

SOONER OR LATER YOU WILL HIT

# ROCK BOTTOM



**Break free from drug and alcohol abuse –  
Betel is a caring place where you can get  
away from drugs, drink and depression,  
where you can truly break the habit.**

• No waiting • No entrance fees • No addictive substances

Join the thousands of men and women who've  
transformed their lives.

**Are you fed up and ready  
to change your lifestyle?**

**www.betel.uk**

**GIVE US  
A CALL:**

**Betel UK Nottingham**

Rawson Street, New Basford,  
Nottingham NG7 7FR

**Call: 0115 979 0290**

nottingham@betel.uk

**Betel UK Manchester**

Hardy Farm Pavilion, Hardy  
Lane, Chorlton-cum-Hardy,  
Manchester M21 8DP

**Call: 0161 860 6312**

manchester@betel.uk

**Betel UK Derby**

Hope Barn, Heage Lane,  
Etwall, Derby DE65 6LS

**Call: 01283 735 615**

derby@betel.uk

**Betel UK Birmingham**

Windmill House, Weatheroak  
Hill, Alvechurch, Birmingham  
B48 7EA

**Call: 01564 822 356**

birmingham@betel.uk

**Betel UK Hexham**

Betel House, Oakwood,  
Hexham NE46 4JY

**Call: 01434 605 216**

hexham@betel.uk

**Betel UK Scotland**

The Old Mill, 42 Braidhurst  
Street, Motherwell ML1 1HJ

**Call: 01698 263 217**

motherwell@betel.uk

**BetelUK**  
Restoring broken lives

# MY NAME is PETER



**Before coming to Betel my life was completely broken. I started drinking and using recreational drugs in my teens, but this gradually descended into a spiral of drink and drug abuse that lasted 26 years.**

I had a family, a job, a home. However, when I split up with my partner of 14 years, despite trying to keep things together, my addiction destroyed everything. I ended up homeless and lost contact with my kids. I ate out of bins and begged to survive. I was beaten up numerous times. For a while I slept in a bin. I started getting in trouble and ended up with multiple offences and a stay in prison. I was so desperate to change my life but couldn't see a way out. I tried counsellors, different programmes, everything. I even got sectioned. But nothing helped. I was trapped, enslaved to my addictions.

That's when I heard about Betel. At first I wasn't interested because it was Christian.

However, nothing else had worked. I was desperate and decided to give it a go. I called them and did an interview. It was free of charge to go there and they were able to offer me a place within a few days.

One of the first emotions I felt when I walked through the door of Betel was love and acceptance – things I hadn't felt for a very long time. The men and women there had peace, joy and contentment. I wanted what they had. It was really hard at first, but gradually, my life began to be transformed. I am now free from addiction. I'm married and, with my wife, have the privilege of helping others to experience the same transformation. My relationship with my children and family is restored. It has been an amazing journey. I've come from rock bottom to freedom.

**Why not get your life back – and more? Give Betel a call.**

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**BetelUK**  
Restoring broken lives